

#### **2017 Conference Workshop Descriptions**

#### FRIDAY MORNING

### 1. Keynote: Reflections on my Feminist Social Work Journey

Mary Valentich, PhD, RSW

By presenting her own feminist social journey, Mary Valentich will illustrate important markers in her development as well as how social work incorporated feminist perspectives in almost all areas of practice. Audience members will have an opportunity to identify key facets of their own professional identities that serve as guides to their present and future career directions.

# 2. Cultural Brokering and Child & Family Services: Engaging Immigrant and Refugee Families and Communities through Collaborative Practice

Kathi Campbell BSW, RSW, Yvonne Chiu

#### Description:

Explores an innovative model where collaborative relationships with multicultural families, cultural brokers and child welfare workers mobilize complementary strengths of partners to improve family outcomes.

### 3. Developing a Model of Supportive Housing for Teen Families: Experiences and Outcomes

Bethan Kingsley, PhD, Gary Benthem, Melissa Tremblay, MSc

#### Description:

Learn about a teen family supportive housing program offered by the Terra Centre for Pregnant and Parenting Teens and the Brentwood Community Development Group partnership and studied by the Community — University Partnership for the Study of Children, Youth and Families at the University of Alberta.

#### 4. Edmonton Communities Experiencing Pre-Migration Trauma: Research Findings and Application to Social Work

Linda Kreitzer, PhD, RSW, Sophie Yohami, PhD, Mikaela Burgos, PhD Student, Claire McMenemy, MSW Student

#### Description:

This workshop provides understanding of the experiences, assets and needs of communities who have experienced pre-migration trauma. Findings from a case study will be shared.

### 5. Fetal Alcohol Spectrum Disorder across the Lifespan: Tell me what is new?

Audrey McFarlane

#### Description:

In 2015 new diagnostic guidelines for FASD were published in Canada. An overview of the changes to the guidelines, implications across the lifespan and research projects going on across Canada will be provided. This session will also expand on Canada's place in the world with respect to FASD work and research.

#### 6. A Place and Space for the More Introverted

Tracy Guillet, MSW, RSW, Diandra Lewis, R Psych

#### **Description:**

This workshop will provide insight to how introversion shows up in the therapeutic relationship and to create a place and space for the more introverted.

### 7. Refugee Sponsorship and Resettlement: What can Social Workers do?





Ann Marie McLaughlin, PhD, RSW, Julie Drolet, PhD, RSW, Linda Kreitzer, PhD, RSW, Rick Enns, PhD, RSW, Janki Shankar, PhD, RSW

#### Description:

Social work is uniquely qualified to make a difference in the lives of refugee families. This workshop explores the history of the current conflict in Syria (and adjacent countries), the role of sponsorship and resettlement strategies and processes.

### 8. Exploring Patient Experience through the Alberta Health Charter

Jody Lee-Farrah, MSW, RSW, Marj Buerger, Ashley Cormack, MSW, RSW

#### **Description:**

Albertans value a respectful, safe and high quality health system. Learn about how Alberta's Health Charter is contributing to a responsive and high-quality health system in Alberta.

#### 9. Medical Trauma and Social Work Practice

Kim Johnston, BSW, RSW, Kathleen Belanger, MSW, RSW

#### Description:

Participants will gain an understanding of medical trauma and how to support children and families who have been impacted by medical trauma.

### 10. Building a Better Life: Moving Out of Marginalization

Bob Marvin, MSW, RSW, Marlene Mulder, MA

#### **Description:**

This presentation focuses on community research to learn how Social Capital influences the journey to a better life for a variety of marginalized peoples.

## 11. Social Workers' Knowledge of Premenstrual Syndrome (PMS) and Premenstrual Dysphoric Disorder (PMDD)

Lynn Barry, PhD, RSW

#### Description:

This session highlights doctoral research results addressing premenstrual knowledge issues of social workers and the implications for social work risk assessments with mothers experiencing PMS/PMDD

### 12. Celebrating 50 Years of the Faculty of Social Work, University of Calgary

Mary Valentich, PhD, RSW

#### Description:

The Faculty of Social Work (FSW) is no longer a newcomer on the social work education scene and has much to celebrate in terms of its programs, faculty, staff and graduates. Learn about its history, development and future directions from current Dean, Dr. Jackie Sieppert; former Dean, Dr. Gayla Rogers; and researcher Dr. Jake Kuiken. Using an interview format, Dr. Mary Valentich will facilitate discussion by this panel of key figures in the development of the FSW.

#### **FRIDAY AFTERNOON**

### 13. Breaking the Boy Code- An Empathic Approach to Emotional Empowerment

Lance Drozda & Rebecca Stares, MSW, RSW

#### Description:

Three most damaging words for boys and men: "be a man." This workshop explores emotional suppression and offers tools for emotional development for practitioners and clients.

#### 14. Mentoring Youth and Adults with FASD

Sharon Schultz & Colleen Hook





#### Description:

This workshop will describe strategies and supports for youth and adults with Fetal Alcohol Spectrum Disorder (FASD) including an overview of relationship and strengths-based mentorship with youth and adults. Managing transitions for youth moving into adult services and adults moving between services will be given special attention.

## 15. Toward a Better Tomorrow and Voices for Change: Recommending Change in the System Serving Aboriginal Young People

Melanie McIntosh, BAPsych, Terri Pelton, BSW, RSW, Lise Durand, MSW, RSW, Coby Eaglebear, BA

#### Description:

Learn more about two systemic issues impacting social work: the overrepresentation of Aboriginal young people in Child Welfare and the challenge of addressing Aboriginal youth suicide.

### 16. Assisted Dying and Social Work: Where Are We Now?

Mary Valentich, PhD, RSW, June Churchill, MSW, RSW, Michelle Agopsowicz, BCR, MSW, RSW and Lise Lalonde, RN, BN

#### Description:

This workshop will present social workers with current and relevant information about legislation, research and clinical issues related to medical aid in dying.

## 17. The Role of the Social Worker in Food Security Assessment and Intervention with Families and Communities

Gina Dimitropoulos, PhD, RSW & Lisa Ragan

#### **Description:**

This workshop examines skills, values and interventions for working with families and communities experiencing food insecurity.

### 18. Young Adults Living in Long Term Care - What it all means?

Sarah Mullin, RSW, Joann McCready, RSW, Laurie Norman, RSW

#### Description:

Myths, truths and realities of living in long term care as a young adult.

### 19. Approaches, Challenges and Best Practices in Supervising Practicum Students

Jessica Ayala, RSW, Ellen Perrault, RSW, Lorraine Letkemann, RSW, Myra Baynton, RSW, Liza Lorenzetti, RSW, Leeann Hilsen- Ashford, RSW

#### **Description:**

This workshop will focus on practicum student supervision and will provide a forum to learn, share discuss and reflect on the field supervision process.

### 20. LGBTQ Domestic Violence: Building Capacity

Carrie McManus, RSW, Rachel Braeuer, BA

#### **Description:**

This presentation will provide participants with tools and skills to support LGBTQ individuals experiencing domestic violence and to create changes within organizations that are not designed to be LGBTQ inclusive.

### 21. Fearless Social Work: Creating Pathways for Change

Ajay Pandhi, MSW, RSW

#### Description:





Besides our empathy and our ability to connect non-judgmentally, social workers also need as many tools at our disposal to aid and assist a very diverse needs-based population. Drawing from Ajay's wide and diverse experience, this workshop participants will discuss the historical and present day significance of the therapeutic connect.

### 22. Clinical Specialty Registry – Achieving the Credential towards Advanced Practice

**ACSW Clinical Social Work Committee** 

#### **Description:**

ACSW Clinical Social Work Committee presents: Becoming a Clinical Social Worker – new policies and procedures and up-coming on-line application process for the Clinical Registry. Ends with wine & cheese networking event.

### 23. Calling Our Families Home: Métis Peoples' Experiences with Child Welfare

Jeannine Carrière, PhD & Cathy Richardson, PhD

#### Description:

In this presentation we will deconstruct notions of this invisibility of Métis children involved in child welfare and discussion from our research which focuses on the status of Métis children and the resurgence of Métis family rights within a colonial child welfare system. We will feature the voices of other Métis researchers and their findings and center the voices of Métis Elders and practitioners whom we interviewed.

### 24. Human Social Functioning: A Canadian & International Perspective

Bruce Llewellyn, MSW, RSW

#### **Description:**

This workshop will introduce participants to the life and work of Eugene Heimler as well as his theory and methods in Human Social Functioning.

#### SATURDAY MORNING

### 25. Re-Configuring Child Welfare in Aboriginal Communities

Bertha Anderson, BSW, RSW

#### **Description:**

The presenter will use real life examples to explore the patterns of child welfare involvement in Aboriginal families and present a more humanistic approach to child welfare.

## 26. Journey Guides and Experiential Learning: Supporting Personal Transformation among Social Workers

Liza Lorenzetti, PhD, RSW, Tatiana Oshchepkova, Lemlem Haile, BSW, RSW, Sabeena Tariq, MA

#### **Description:**

Learn about this research-based community development project exploring the benefits of mentorship and experiential learning involving MSW students and community-based journey guides.

### 27. Inner City Social Work: On Location Collaborative Social Work Education

Jane Slessor, BSW, RSW, Arlene Eaton-Erikson, MSW, RSW & Caitlin Beaton, BSW, RSW, Michelle Maser, MSW, RSW

#### Description:

Inner City Social Work is an on location elective offered by the University of Calgary, Faculty of Social Work (Edmonton). This unique course is co-facilitated by social workers with direct inner city experience. Our workshop explores our innovative teaching model and its benefits.

#### 28. Rights Based Advocacy with Young People

Shannon Lauder, MSW, RSW, Kelly Stratford, BSW, RSW, Melanie Mcintosh



#### **Description:**

Learn about innovative rights based advocacy and how young people direct the individual work of the Office of the Child and Youth Advocate.

### 29. Life-long Learning & Completing Your Portfolio

Bruce Llewellyn, MSW, RSW & Tamara Gross, BA

#### Description:

In October 2014, the ACSW Council approved changes to the continuing competence requirements. You will learn the history, legislative background and current requirements on the Continuing Competence Program, that affect social workers across the lifespan of their career. This workshop will guide you through completing your annual portfolio and learning new user-friendly updates.

### 30. From the Cradle to the Grave: Exploring Sexuality Across the Lifespan

Becky VanTassel, BSW, RSW, Roseline Carter, RSW

#### **Description:**

This interactive, practical and fun workshop will explore sexuality and the unique sexual health needs of clients as they move through the lifespan.

### 31. ACSW & Online Services - Supporting your Career

Noreen Majek & Laurie Nelson

#### **Description:**

Exciting opportunity to learn the "how to's" of managing your member portal profile through application, provisional status, renewal, competence and any other roster that may

apply. Learn how to manage your member portal to support your career across your lifespan!

#### 32. Working with Minors - Issues of Consent

Sheryl Pearson, MSW, RSW, LLB, Karen Nielsen, BSW, RSW

#### Description:

The presenters will introduce and discuss the new guidelines developed by the Clinical Committee of the ACSW for managing consent and confidentiality when working with minors.

### 33. Mothers and Adult Daughters: Implications for Life & Practice

Judy Chew, MSW, PhD, R.Psych

#### Description:

From a life-course perspective, the mother/adult daughter relationship reflects complexity, given the range of themes and challenges. This workshop examines the implications for the person of the therapist and clinical practice.

### 34. Brain Injury Survivors: The Walking Wounded Among Us

Nelly Chow, BA, BSW, RSW, Carol Lawson, MSW, RSW, Valerie Bunz, MSW, RSW, Florence Uranta MSW, RSW

#### **Description:**

Brain injuries can have lifelong implications, and participants will learn about current treatments and resources and how to provide helpful interventions across a client's lifespan.

#### **SATURDAY AFTERNOON**

35. Health Care is Self-Care: Overcoming the S.A.D (Standard American Diet) to Live Longer, Leaner and Lighter

Kate McGoey-Smith, MSW, RSW





#### Description:

Learn an evidence-based nutritional science form of self-care that improves your health, increases your energy and is economical for both your time and budget.

### 36. Pen to Policy; Political Engagement for All Ages through Writing

Alicia Kalmanovitch, MSW, MPA, RSW

#### **Description:**

Participants will learn how to teach people of all ages how to use writing to push the dial on policy issues relevant to social work.

### 37. Public Speaking/Presentation Skills Basics for Social Workers

Murray Hiebert, MSc & Mel Blitzer, MSOD

#### **Description:**

This workshop will assist you with the basics of public speaking and effective presentations such as promoting services and events, introducing and thanking speakers - a valuable lifespan skill.

### 38. Introducing Animal Assisted Therapy to Your Practice

Rebecca Stares, MSW, RSW

#### **Description:**

This workshop introduces participants to animal assisted therapy, the intentional application of large or small animals into the therapeutic alliance, as a clinical intervention.

### 39. Strength and Resiliency through 'Magpie' Art

Sara Clark, MSW, RSW, Ashley Mooney, MSW student

#### Description:

This experiential workshop will incorporate art making and storytelling to explore fostering strength and resiliency across lifespans.

#### 40. Drumming up Wellness

Jamie Gore

#### **Description:**

This workshop will give you a hands-on experience of a new process for health and wellness, the Community Drum Circle. We will meet in a circle, learn to play drums from around the world, and experience several healing techniques, all based on scientific research and 20 years of trial and error. Experience a Stress Release Round, the Rhythm Cradle, a Heartbeat Meditation and more.

### 41. Mindfulness and Qigong for Stress Reduction

Raz Chan, BA, DOMP

#### Description:

Reduce daily stress and anxiety through the ancient Chinese exercise therapy of Qigong.

### 42. Daring Social Workers: Showing Up, Being Seen and Living Brave in a Caring Profession

Carolyn Anderson, PhD, RSW

#### Description:

Social workers experience uncertainty, risk and emotional exposure every day. We will explore how vulnerability is a call to courage and provide strategies for building an authentic approach to practice.

#### 43. We Can All Use More Fun at Work

Robert Manolson, BA, CCDP

#### Description:

Get ready to Re-Charge, Re-Juvenate and Re-Generate as we raise fun levels at the 2017





Conference. Personal cheers, smiles, laughter are abundant.

### 44. The Standards of Practice - A Tool for Navigating Challenging Areas of Practice

Sheryl Pearson, MSW, RSW, LLB & Bruce Llewellyn, MSW, RSW

#### **Description:**

Social workers encounter a wide range of situations in the course of their day to day practice. The very nature of social work gives rise to some difficult conversations. Whether these situations involve impaired co-workers, clients who are homicidal or suicidal, conflict in the workplace or conflict of interest, this workshop is designed to prepare you for a myriad of ethical dilemmas and difficult situations.

#### **ALL DAY SATURDAY**

#### 45. Exploring Dignity Therapy

Kristy Brosz, MSW, RSW, Judy Butler, BSW, RSW

#### **Description:**

This workshop includes an introduction and evidenced base, viewing of taped interviews across life spans, role plays and in-depth discussions.

## 46. Incorporating Mindfulness and Yoga into Your Everyday Life and into Your Clinical Practice

Charmaine Patterson, MSW, RSW, Heather Rowland, MSW, RSW, RYT 200

#### **Description:**

Looking to cultivate self-kindness into your life? Curious about incorporating mindfulness and yoga at work. Both will be covered at this workshop while connecting the body, heart and mind.

