

Dr. Cathy Richardson, PhD



Cathy Richardson is a Métis family therapist, activist, researcher, and professor in Social Work at the Université de Montréal. Her Cree name is Kinewwsquao. She is the co-founder of the Centre for Response-Based Practice which focuses on responses to violence while promoting safety and human dignity. Together with Dr. Allan Wade, she has developed the “Islands of Safety” model, for safety planning with Indigenous families where there has been violence. She was a Principal Investigator on a national health study on youth experiences of structural violence in Canada and assists Aboriginal communities in safety planning initiatives. She has worked extensively in the Yukon and has presented at the United Nations Permanent Forum on Indigenous issues.