

Continuing Competency Program: Clarification of Categories

Category A:

Category A credits are generally activities that have clearly defined learning goals; things that should give you new material (or refresher on older material) that help you to meet the goals you have set for yourself as a social worker. While these may be university or college courses, they may also be short (1 hour or more) workshops, training programs, conferences, seminars, or other types of events that meet your learning goals.

Examples of Category A Programs:

<p>Programs that have already been approved for credit by another regulated professional body such as PAA/APA.</p> <p>(These include online programs as well)</p>	<p>Training programs offered by the following organizations</p> <ul style="list-style-type: none"> - Calgary Family Services Training Institute - Canadian Society for the Investigation of Child Abuse - Hospice Calgary - Kaizen Solutions for Human Services - Wood's Homes programs
<p>Providing practice supervision to:</p> <ul style="list-style-type: none"> - social work placement student - provisional social worker - applicant to the clinical registry - non-authorized person doing restricted activities 	<p>Receiving practice supervision if you are:</p> <ul style="list-style-type: none"> - social work placement student - applicant to the clinical registry - unauthorized person doing restricted activities
Computer training programs (accredited)	Addictions certificate programs
Child and youth care certificate programs	Suicide intervention training
Hospital Grand Rounds certified by CFPC (Mainpro Program)	All continuing education providers approved by the ASWB through their ACE program: www.aswb.org/education/providers/
Alberta Child and Family Services Core Training	Sessional teaching – first time only for each course
Presenting (+ prep time) a workshop or seminar at a conference-first time only for each course	Mediation Certificate Programs
First Aid Certificate	Academic Publications

Documentation of any Category A activity is required!

Regularly, Category A credits are acquired from programs offered through accredited continuing education providers, such as colleges, universities, and similar professional organizations.

The provider should be able to tell you whether or not they are accredited, and most will have their credentials listed on their promotional materials.

Upon completion of accredited courses and workshops a Certificate is generally provided. This certificate must be placed in your personal portfolio!

ABC INSTITUTION	
Certifies that <u>Your Name Here</u> Attended <u>Workshop Name Here</u> Which is approved for ____ total hours of credit	
Continuing Education	Signed
Provider Number	-----
ACCREDITING BODY	LOGO

If you have attended a program or participated in an activity that clearly meets your defined learning goals but isn't accredited, you may still be able to count these hours under Category A.

To do so you must explain how this activity meets the personal learning goals you have set out for yourself by submitting a Category A Summary Form. The committee accepts all reasonable submissions as long as your summary form and documentation are provided.

Category B:

Category B are activities normally associated with a particular job and are typically done during work hours. These are the things we all do on a daily basis that help us to remain competent in the work we do.

Examples of Category B Activities:

Writing for the Advocate/other newsletter	Committee work – voluntary or at work
Direct service volunteer work (e.g. crisis line)	Evaluation of your practice
Hospital grand rounds other than those certified by CFPC	Peer supervision or consultation Supervising non-social work students
Non-accredited workshops/conferences/seminars	In-service training
Developing a new program/procedure	Presenting a workshop for staff at your agency

Category C:

Category C are the activities that you do for yourself. Self-care activities are aimed at things like maintaining your physical health, decreasing stress, increasing relaxation and equanimity, managing challenging emotional situations, fulfilling spiritual needs, ext.

Examples of category C activities:

Reading	Participating in organized discussion groups
Community volunteer work	Planning and implementing a new diet
Trail walking	Going to the gym
Journaling	Joining a sports team
Getting a massage	Going to church

Counting Credits: In each category 1 hour = 1 credit.

Credit Requirements: As seen in the chart below, your credit requirements will differ depending on your status.

Continuing Competency Credit Requirements	Structured Clinical Supervision	Category A <i>20 per activity</i>	Category B <i>10 per activity</i>	Category C <i>5 per activity</i>	Total Required
Registered Social Worker <i>Full-time</i>	N/A	Minimum 10	No Min or Max	No Min or Max	40
Registered Social Worker <i>Part-Time</i> <i>(less than 1000 hours/year)</i>	N/A	Minimum 5	No Min or Max	No Min or Max	30
Registered Social Worker <i>Inactive</i> <i>(Not Practicing SW)</i>	N/A	N/A	No Min or Max	No Min or Max	10 (recommended)*
Clinical Social Worker <i>Full-Time</i>	Minimum 10	Minimum 20	No Min or Max	No Min or Max	50
Clinical Social Worker <i>Part-Time</i>	Minimum 5	Minimum 10	No Min or Max	No Min or Max	35
Clinical Social Worker <i>Inactive</i>	0	Maximum 20	No Min or Max	No Min or Max	20

* Inactive Social Workers who have 5 years inactive with no recommended competency completed must complete an exam to become active. If an RSW is cancelled they are required to write an exam after 3 years.

Carry Over: When you exceed your overall required amount of credits, you have the ability to *carry over* a maximum of 20 Category A credits from one renewal period to the next. Please note carry over is only good for one year and must be used in its entirety the year after it is acquired.